



Together, we can save a life

Fact Sheet

Health and Safety Services

Health and Safety Programs

COURSE:	Adult CPR (First Aid/CPR/AED Program)
Course Code:	32420
Purpose	To give individuals the knowledge and skills necessary to recognize and provide basic care for breathing and cardiac emergencies until advanced medical personnel take over.
Prerequisites	None
Learning Objectives	<ul style="list-style-type: none">• Describe how to recognize and handle an emergency;• Explain how to check the scene for safety and the victim for consciousness;• Explain when and how to move a victim from a dangerous scene;• Describe when to call and how to interact with the emergency medical services (EMS) system;• Explain why and how to apply basic precautions to reduce the risk of disease transmission during and after providing care;• Describe how to prioritize care for life-threatening injuries or sudden illnesses;• Describe how to check a conscious victim for life- and non- life-threatening conditions;• Describe how to recognize the signals of a heart attack and how to give care;• Demonstrate how to care for a victim who is having a breathing emergency; and• Demonstrate how to perform CPR to an adult.
Length	Approximately 3 ¾ hours
Instructor	Currently authorized First Aid/CPR/AED, Workplace Training: Standard First Aid, First Aid: Responding to Emergencies, Sport Safety Training, Lifeguarding, Emergency Response or CPR/AED for the Professional Rescuer instructor.
Certification Requirements	<ul style="list-style-type: none">• Attend and participate in all course sessions;• Demonstrate competency in all required skills listed on the skills checklist;• Participate in all skills sessions and scenarios; and• Pass the final written exam with a score of 80 percent or better.
Certificate Issued and Validity	Adult CPR – 1 year



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Period**Participant****Materials**

American Red Cross First Aid/CPR/AED Program

Participant's Booklet (Stock No. 656629); and

American Red Cross Adult CPR/AED Skills Card (Stock No. 656559)